BLACKHEATH +GREENWICH MAGAZINE

ISSUE 21 - SPRING 2025



Interview: Tom Kerridge

Greenwich charity shop retail boom

Artist Max Middleton





Saturday 17 May 2025

Applications open

Nursery (3+) - January & September 2026 entry Prep (7+) & Occasional vacancies - 2025/26 entry

Find out more blackheathprep.co.uk/admissions



ISSUE 21 - SPRING 2025

CONTENTS



5
WHAT'S ON
Events happening in the
coming weeks



INTERVIEW: TOM KERRIDGE The celebrated chef talks about the challenges of cooking outdoors



11 WILDERNESS RESERVE

A luxurious UK break



13 GREENWICH'S CHARITY SHOP SALES BOOM

Cost of living crisis triggers local charity shop sales



14
TURKISH
TRANQUILITY
A luxury stay in Fethiye



17
THE ORIGINS OF
BROOKMILL PARK
The Deptford waterworks

The Deptford waterworks transformed into a park



18
MAX MIDDLETON
A tribute to the local late artist

visit blackandgreenmagazine.com for more features and local information

It's always really gratifying receiving all the lovely comments we get about Black and Green Magazine. It is clear that there's a sizeable and growing readership that appreciates our strong emphasis on the best quality editorial, and we hope that you consider it a welcomed free asset to the community.

As well as covering local news and features, our quarterly magazine ventures further than south London, with celebrity interviews, lifestyle, property and travel articles, and much more.

We're hoping that you'll be keen to get involved in our magazine in some way, whether as a reader, advertiser, or perhaps stockist. We'd certainly welcome your views and suggestions, and please send us information, letters and photos you think suitable for the magazine.

Unfortunately, the magazine can't exist from advertising alone, so please consider helping secure its future by taking out a subscription to guarantee your copy (just email us at info@blackandgreen.biz), or perhaps by becoming an investor in this dynamic title.

We hope you enjoy this issue!

The Black + Green team







BLACK AND GREEN MAGAZINEEmail: info@blackandgreen.biz

Email: info@blackandgreen.biz www.blackandgreenmagazine.com



Black and Green Magazine is published and distributed to selected residential properties, libraries, cafes, pubs, restaurants, shops, estate agents, colleges, arts venues, hotels and other outlets in southeast London.

For editorial and advertising enquiries please email us at info@blackandgreen.biz.

Subscriptions

Postal subscriptions are available at £14 per year UK; £26 Europe; £34 US; £39 rest of world. Just email us for details.

© Black and Green Magazine 2025. All rights reserved. Reproduction in whole or in part without prior written permission prohibited. The opinions expressed in this publication are not necessarily shared by the editor or the publisher, Antelope Press. We cannot accept responsibility for unsolicited submissions, manuscripts and photographs. Whilst every care is taken, prices, dates and other details are subject to change and Antelope Press can take no responsibility for omissions or errors. We reserve the right to publish and edit any letters received.

Greenwich Music School

Learn with an expert

Individual tuition or group beginner lessons for adults, in an instrument, singing, composing or theory.

Pick up your old instrument or start from scratch. Our experienced, inspiring teachers will help identify and support your goals. Learn at Vanbrugh Studio (SE10 9HP), The Stables at Charlton House (SE7 8EG) or online.

Lessons available weekdays and weekend, with discounted off-peak rates during school hours.



What's on

Pirates

Daily to 4 January, 10am-5pm

This major new exhibition traces the changing depictions of pirates throughout the ages and reveals the brutal history often obscured by fiction. While sometimes portrayed as tricksters or scoundrels, pirates are primarily swashbuckling adventurers associated with lush islands, flamboyant dress and buried treasure. The Pirates exhibition deconstructs these myths and illuminates the realities of pirate life, including those of the pirates Edward 'Blackbeard' Teach, William Kidd, Anne Bonny and Mary Read. The exhibition covers piracy across the globe looking at the South China Sea, Indian Ocean and Barbary pirates who operated off the coast of North Africa.

National Maritime Museum, Romney Road, Greenwich SE10 9NF; 020 8858 4422; rmg.co.uk; adults £15, children £7.50; recommended for ages 10 and above



Afternoon tea at St James' Court

Daily

Afternoon tea is a British institution, so do it in supreme style at St James's Court Hotel in Westminster. Intrically designed pastries, scrumptuous savoury treats, scones with clotted cream, the finest teas, champagnes and soft drinks and more are all served with impeccable service in the smart Kona tea

St James' Court, 54 Buckingham Gate, SW1E 6AF; 020 7834 6655; stjamescourt.co.uk

No Direction Home: stand-up comedy

Friday 24 June, 7.30-8.30pm

To celebrate Refugee Week 2025, the Cutty Sark will be hosting an evening of stand-up comedy with No Direction Home, a comedy collective produced by Counterpoints Arts featuring new stand-ups from refugee and migrant backgrounds.

Michael Edwards Studio Theatre, Cutty Sark, Greenwich SE10 9HT; 020 8312 6608; greenwichtheatre.org.uk; tickets pay what you can, £5, £10

Parlour Song

Friday 2 to Saturday 24 May

A blackly hilarious exploration of deceit, paranoia and desire, as the spirit of the Blues lands in leafy suburbia. Demolition expert Ned lives in a nice new house on a nice new estate on the edge of the English countryside. He loves his job. Barbecues. Car-boot sales. Fitness programmes. Outwardly his life is entirely unremarkable. Not unlike his friend and neighbour Dale. So



why has he not slept a wink in six months? Why is he so terrified of his attractive wife Joy? And why is it every time he leaves on business, something else goes missing from his home?Jez Butterworth's play Parlour Song was first performed at the Atlantic Theater, New York, in February 2008, before receiving its European premiere at the Almeida Theatre, London, in March 2009.The show now receives its first major London revival at Greenwich Theatre following its acclaimed production of Jez Butterworth's The River, in a new version revised by the playwright, in 2024. It stars Kellie Shirley (In The Long Run, Eastenders), Naveed Khan (Death on the Nile, Humans) and Jeremy Edwards (The Locke Inn, Hollyoaks).

Greenwich Theatre, Crooms Hill, Greenwich SE10 8ES; 020 8858 7755; greenwichtheatre.org.uk; tickets from £26.50, £21.50 concessions



Tirzah Garwood: Beyond Ravilious

Until 26 May, Tues-Sun, 10am-5pm

Discover the first major exhibition devoted to the visionary artist and designer Tirzah
Garwood (1908–1951). Best known until now as the wife of Eric Ravilious and as the author of the autobiography Long Live Great Bardfield, Garwood excelled as a fine artist and printmaker. This retrospective marks the first time the full extent her output has been shown, giving these captivating works the critical examination and public showcase they deserve. It is a rare opportunity to view more than 80 of Garwood's works, and explore her 'sophisticated naïve' approach that infused apparently innocent subjects with deeper meanings. Representing each area of her practice, the exhibition showcases almost all of Garwood's existing oil paintings, alongside her witty wood engravings, pencil sketches, experimental marbled papers, and collaged paper constructions. Included in the exhibition, 11 works, including watercolours,

by Eric Ravilious will draw out the thematic similarities, shared interests, and distinct artistic personalities of this remarkable creative couple. Journey into the imaginative world of an artist who carved fairy tales out of difficult times, and breathed life into the inanimate.

Dulwich Picture Gallery, Gallery Road, Dulwich SE21 7AD; 020 8693 5254; dulwichpicturegallery.org.uk; adults £18, students, concessions £9, Pension Credit/Universal Credit £1, under 18s free

Astronomy and Islam

Sundays 26 April, 25 May, 22 June, 19 July 10.30-11.15am

These shows focusing on different aspects of atronomy and Islam are held before the predicted sighting of the next New Crescent Moon. A Royal Observatory Greenwich astronomer will guide visitors on a trip through the night sky, usually followed by a short presentation by the New Crescent Society, a Muslim community-led astronomy organisation.

Peter Harrison Planetarium, Royal Observatory, Blackheath Avenue, SE10 8XJ; 020 8312 6608; rmg.co.uk; tickets £10 adult, £5 child

Black Heroes Soul Food Cafe

Friday 2 May, 7.30pm

Celebrating Black History, Food for the Soul. Black Heroes Foundation invite you to their award-winning Soul Food Café, a creative space celebrating Black Britons and their contribution to the world. Featuring music, dancing, quizzes, conversation and refreshments. Come along ready to get moving and share your thoughts, music and talents. Black Heroes Foundation are a community-based charity that uses the arts to celebrate Black heroes, developing cultural awareness and promoting a world where Black heroes are acknowledged, respected and celebrated.

The Albany, Douglas Way, Deptford SE8 4AG; 020 8692 4446; thealbany.org.uk; free; for ages 12+

Huge stock - low prices

OrchardFencing

Established 1989

www.orchardfencing.co.uk

All types of fencing plus delivery service

Erith Branch: Landau Way, Darent Industrial Estate, Erith, DA8 2LF

Tel: 01322 347799

Welling Branch: Stephenson Close. Welling, DA16 3AT

Tel: 020 8855 6961

NEW BRANCH: Catford: Ardoch Road, Catford, SE6 1SZ

Tel: 020 8698 4064



Through confully matched tubes and cidestities person trackness to each chief. Take Eactor learns up with potents to dear the hardkes in the way of earning to students connected only achieve their personalized.

Our indexess and online one to one totaling he are paid not a from 200,000 students without their goals. To arrows it works for your shift too, $u_0(t)$



Claims covering. With start with a free consultation to anonexcent where governor is to and where they wont to be, then becommend a planta high their got there.



Make the right restor. Does you thild lost obtain game? Hots soon of Respond pents on? Not parametely restoles to one of gat as know your student and other on a parametely restored to the interest.



Communicate or weight After stok stocker, will share how gour during tall, who two will continue working on, and ecommand real stops for activities go as routient's gook.





Call us today to schedule a free consultation at: 02034693365/amrit@tutordoctor.co.uk/ www.tutordoctor.co.uk/greenwich



What's on

Thames-Side Studios open studios weekend

Sat/Sun 7/8 June, 11am-5pm

With more than 550 studios, free entry, exhibitions, free kids' activities and workshops, Thames-Side Studios annual open studios weekend is a perfect opportunity to meet local artists, makers and designers, find out about what they do, and to buy directly from their studios.

Studio practices cover a wide range, from painting and drawing, fashion design, carpentry, jewellery, millinery, illustration, photography, printmaking, ceramics, sculpture and installation, tailoring, leather work, picture framing, stained glass making, writing, furniture making, upholstery, textiles, conservation and restoration, lutherie, graphic design, film and video, skin care, architecture, product design, and more. Street food and free limited parking is available on site.

Thames-Side Studios, Harrington Way, Woolwich SE18 5NR; 020 8301 8844; thames-sidestudios.co.uk; free

Urban Village Fete at Greenwich Peninsula

Sunday 18 May, 11am-7pm

Celebrating its 10th birthday, the fete will be a day packed with world-class DJs, live performances, independent markets, creative experiences, and incredible street food. DJs Gilles Peterson, Jack Hemingway and Touching Bass will be providing the music alongside the London Soul Choirs and Loose.Fm taking over the design district with disco, Balaric beats, hip-hop grooves, smooth jazz and more. There'll be workshops on dog training, pottery, upcycling old t-shirts and more, while BBC Radio's Robert Elms will host creative conversations on education, community and collaboration, and fashion. There will be a food market, makers' market and much more

Greenwich Peninsula, Soames Walk, Greenwich SE10 0SQ; greenwichpeninsula.co.uk; free

Footsteps: imprints from a creative journey

To Wednesday 30 April

Southeast London artist Xavier White is exhibiting 'Footsteps', a visual journal over the last decade as an outsider artist. Much of his work is defined by the brain injury he sustained in a cycling accident in 1985. The journal explores a successful decade of creative process and development research behind his stained glass sculptures, wall hangings, performance and installations. Over the last 10 years Xavier has been able to return the care he received in the form of hospital-enhancing artworks with glass and nursing training workshops and presentations.

Mycenae House, 90 Mycenae Road, Blackheath SE3 7SE; 020 8858 1749; mycenaehouse.co.uk; free







Interview: Tom Kerridge

The celebrated chef has created his delicious dishes in a host of settings. Here we find him cooking for a glamorous party in the middle of a heavenly Suffolk wilderness

BY BEN WEST

There was a huge buzz of anticipation as we traipsed up the hill in the thick black darkness towards the flickering lights. There we found ubiquitous Michelin-starred chef Tom Kerridge, who, with his team, had set up a makeshift kitchen in a clearing in the forest, including a unique 10ft-high cooking cage and a large fire pit.

Guests were treated to such delights as roast chicken and lamb and salt cooked roast potatoes, Scottish langoustines, charcoal and pine mayonnaise, Blythburgh pork belly with crackling on the side, fire baked apple sauce and beef fat sticky toffee pudding and clotted cream.

The magical feast was served under a large bright white marquee with immaculately laid tables of white linen, graced with candlelight and fresh flowers. Afterwards, live music effortlessly got everyone to dance. Guests had previously tried their hand at axe-throwing (thankfully before they had



sampled too many wines) and been spellbound by a fire-eater.

I asked Tom what challenges there were cooking outdoors at The Wilderness Reserve, and cooking outdoors in general?

"Cooking at The Wilderness Reserve was incredible, we had the most amazing cuts of meat: whole lamb, pork belly, beef and lobster. But cooking outside has its challenges. It can be really cold, wet and windy, but you have to be prepared for the elements

"Once your fire is up and running, it's about timing. You have to make sure the heat from the fire is just right for cooking. It may take a while, so you need to be patient. The other thing to remember is that you probably need more wood than you think, and it must be dry, otherwise you will get excessive smoke billowing from it - and nobody wants that."

Generally, did he prefer discovering an exciting new recipe of his own, or someone else's creation?

"Both, to be honest. I cook quite a lot with my

son, Acey, and we often throw random things together and it turns out much better than expected. But yes, I do love it when I try new dishes from my head chefs. I'm often blown away by how talented they are and what flavour combinations they come up with."

What special qualities does a chef need to stand out from the crowd, for example to gain Michelin stars or become a tv chef?

"Passion and drive are so important. It's a really rewarding job but you have to work hard too. I think the best thing is to focus on a great plate of food, every time, maximising flavour using the best ingredients you can get your hands on. The rest will fall into place."

Tom was particularly worried for his industry during the pandemic, and many restaurants, cafes and bars are still struggling now.

"Hospitality has been hit so hard, but it's a resilient and creative industry and will bounce back stronger. I am optimistic about the future but we do have to acknowledge that the next few years are still likely to be tough, so we need people to support their local pubs, cafes and restaurants to ensure their survival."

Does he prefer cooking for others or others cooking for him?

"I much prefer cooking for other people, I relax more."

It's interesting that many people think an expensive tasting menu at a highly rated restaurant is exorbitant, but are happy to pay £200 for bad seats miles from the stage at a pop concert. Does Tom think good food is often undervalued, and if so how does he think the unfair perception could be addressed?

"I think good food, good ingredients and great service are all underrated. It's easy to look at a menu and think it's really expensive without appreciating everything that happens behind the scenes to make that plate of food happen. Sometimes I'd like to show people





all the work that goes into the menu at my two Michelin-starred pub The Hand and Flowers, and how talented the team that work there are."

What advice would he give to aspiring chefs?

"Work really hard, and always treat people really well. The industry is small and hard work gets noticed. Build yourself a solid reputation and good things will follow."

Lastly, I asked if he hadn't been a chef, what career would he have liked to have had?

"I'd be a white van driver. Honestly, that's the truth!"



sparklysmile.co.uk * @sparklysmile

The Wilderness Reserve

The Wilderness Reserve is an 8000-acre Suffolk estate of woodland, lakes and rolling pasture located between Sibton and Yoxford east of the county near Saxmundham. It contains an eclectic collection of historic and traditional Suffolk properties with features like oak frames, lime plaster and thatch roofs, which have been lovingly restored by artisans, using traditional materials. Each home has unique character, from the grand Grade II listed manor house and restored 15th century barn, to charming thatched cottages and romantic retreats.

These delightful properties are available to rent as luxurious holiday homes and include one-bed Hex Cottage, which has no electricity and requires the AGA to be stoked to heat the radiators and hot water. There's also Sibton Park, a grand 12-room Georgian mansion, The Farmhouse, a pink six-bedroom cottage, and Chapel Barn, which sleeps 38 people and features a games room, playground, sauna and steam room, cinema, gym, two treatment rooms and indoor pool.

It is, unsurprisingly, popular with celebrities, which have included actor and comedian Jack Whitehall, television presenter and model Alexa Chung, singer Cheryl and her co-stars in Girls Aloud to celebrate her 40th birthday, and comedian Sandi Toksvig.

Wilderness Reserve is also a long-term conservation and restoration project, protecting English nature and breathing new life into historic properties. It is owned by Jon Hunt, billionaire founder of British estate agents Foxtons.

Over three decades the family has bought up more and more land, and during that time more than 1.5 million trees have been planted, with the planting continuing at a rate of about 100,000 trees a year. Initiatives such as the digging out of moats or creation of wetlands has meant that the initial 38 bird species the Hunt family first found has now risen to more than 150 different species.

Wilderness is planning to more than double its accommodation by adding the nearby Cockfield Hall estate, which will allow for a

further 250 bedrooms in another swathe of restored historic properties, including a new country house hotel.

Although you're just a short drive from the



popular seaside towns of Southwold and Aldeburgh, once you arrive at Wilderness, you won't want to leave, not least because of the feast of activities on offer. These include wild swimming, paddle boarding and boating on the lake, archery, axe-throwing, falconry, biking - and of course Fire Feasts, which are a fantastic experience, whether in the company of Michelin-starred chefs like Tom Kerridge, or not.

Wilderness has its own fleet of helicopters at guests' disposal, but there's also, within the 8000 acres, ample places to park a car, should you wish to travel by more modest means.

Further information: Wilderness Reserve: 01986 802113; wildernessreserve.com





GREENWICH JOINERY

TIMBER WINDOWS & DOORS



www.greenwichjoinery.co.uk

T: 0208 692 0217 or 01322 225 700 E: enquiries@greenwichjoinery.co.uk



GREENWICH PRINTMAKERS







Choose from a wide range of original handmade prints, including local scenes. Visit our gallery

1a Greenwich Market SE10 9HZ

Open daily 10.30-5.30 Buy online

www.greenwichprintmakers.co.uk

AT THE HEART OF GREENWICH SINCE 1979

Greenwich's charity retail boom

The cost-of-living crisis is causing a boom in sales for local charity shops

BY POLLY MORGAN

One small positive in this cost-of-living crisis and high inflation that we are experiencing currently in the UK is that charity retail has seen an unexpected boom in sales as people struggling to afford the high-cost hikes in mainstream shops go hunting for a bargain. Here, Polly Morgan meets two charity shop managers in Greenwich who are witnessing an increase in sales in their shops

Kathy Parkhouse has been the manager of the Oxfam second-hand bookshop next to Greenwich market for around a year and has overseen a real turnaround in sales in the shop

"Nationally, Oxfam has seen its biggest growth area in books and has a good reputation for selling second-hand books," she says. "Oxfam is known as the biggest second-hand bookseller in Europe, and this bookshop in Greenwich is well-situated for footfall being next to the famous Greenwich market which is a tourist destination and local favourite. We get a great deal of footfall with our situation, especially at the weekends when tourists and Londoners come to Greenwich to visit world-famous highlights such as the Cutty Sark situated across the road from us.

"This last financial year, our bookshop contributed £40,000 more to Oxfam projects as profit than in the previous year, which is a real success to be noted. In the last few years, second-hand retailers have become 'cool' in the eyes of the public, also due to the sustainability focus due to the climate change crisis plus the recent cost of living crisis. We noticed particularly last Christmas that customers were on the look-out for a bargain of a pre-loved gift.





"Being the manager of this Oxfam bookshop has been a fulfilling, rewarding job and a real dream come true for me. I manage a team of more than 40 volunteers, who are all well-trained and keen, and we are a popular place for volunteers to seek out. Art and literature second-hand books sell particularly well in this shop as well as fiction. We have lots of rare collectibles and old books too, which prove popular with collectors and book lovers. Our online shop has doubled its turnover since it started. Donations are key to generating quality stock and we are always on the look-out for more quality donations so please do drop in any book donations if you have them!

Clothes for Causes is another popular charity shop, located on Trafalgar Road, East Greenwich. It helps the homeless by selling women's and men's clothes, shoes, and accessories

"I wouldn't say we've noticed a real boom in the charity retail market here as the high street is still getting back on its feet, but we've noticed shoppers come in looking for a bargain who wouldn't normally go into a charity shop," says manager Veronique de Crop.

"Our vision when opening Clothes for Causes was to introduce a new type of charity shop to the high street, that wasn't the traditional format, so we are blessed to receive high-end and designer and good quality clothes, shoes and accessories that go down a treat with our customers.

"We are well-placed in Greenwich to attract a good range of customers, plus quality donations. We are also unique in that instead of recycling what we can't sell, we sell a lot of stock such as having a £1 rail for people who might be struggling to afford clothes

elsewhere. We've noticed more people hunting for a bargain recently, as well as young people, as for £15 or so you can walk away with a couple of nice outfits."

Support your local charity shop:

Oxfam Books, 2 College Approach, London SE10 9HY; onlineshop.oxfam.org.uk

Clothes for Causes, 158 Trafalgar Rd, London SE10 9TZ; clothesforcauses.org.uk



Tranquility on the Turkish Riviera

With loads of restaurants, bars, pools, an aquapark and so much else on site, you'll not want to leave this luxurious all-inclusive hotel

BY BEN WEST

All-inclusive hotels sometimes get a bad rap, but while there are many with mediocre food and facilities, it's unfair to tar them all with the same brush.

I must admit I was a bit unsure I'd like staying in one, but the moment I entered the swish, recently opened Liberty Signa on Turkey's southwestern coast in Fethiye, Muğla, my mind changed completely.

The location

Open from March to November and boasting a great beachfront location, the hotel is a great base for exploring the broader Fethiye region. It is well worth visiting bustling Fethiye Market, with fruit, vegetables, honey, clothing and crafts, and Fethiye Museum provides an insight into the area's past, housing artefacts from the Lycian, Roman, and Ottoman periods.

Ancient burial sites, the Lycian rock tombs, are carved into cliffs overlooking the town and are remnants of a civilisation that thrived in the region more than 2,000 years ago.

History buffs can also visit the ruins of Tlos, one of the oldest and most important Lycian cities, located near the modern town of Seydikemer, and where you can explore the ruins of city walls, tombs, and a Roman amphitheatre set against a mountainous backdron

For those in search of adrenaline, a visit to Babadağ Mountain offers a thrilling paragliding experience offering panoramic views of the coastline and surrounding mountains.

However, the sheer range of facilities at this upmarket resort just a 35-minute drive from Dalaman Airport is impressive to say the least and it's possible you won't want to leave the complex at all.

Hit the beach and pools

Overlooking mountains on one side and the glistening Aegean Sea on the other, the hotel has a number of swimming pools including freshwater pools, adult-only pools (including one with a swim-up bar), kids' pools, a waterpark and two indoor pools.

If that wasn't enough, there's a private blue-flagged 220m beach complete with sun beds and cabanas.

So it is easy to find your perfect spot, whether travelling with family, as a couple, or solo. There's a range of watersports on offer, including scuba diving, kayaking, sailing, beach volleyball, white water rafting and water polo.



What are the rooms like?

Rooms are spacious and benefit from sea or garden views. Many have direct pool access, or even their own plunge pool. There are a number of room options to choose from, including family rooms with PlayStations and suites geared to couples. Calming neutral tones like taupe, tan and white abound, with natural wood and marble used for table tops and flooring. All rooms feature air conditioning, a LED TV, a safety deposit box, minibar and capsule coffee machine.

Fab food and drink options

There are nine restaurants and eight bars on site, including a very varied buffet restaurant and a 24/7 à la carte option. Restaurants include Tatre Türk Turkish Restaurant with authentic food from across the country including kofta, dolma, lahmacun, pide and regional specialities such as manti (Turkish ravioli), and ekşili tavuk and yuvalama yoghurt-based soups. Okeanos Seafood Restaurant has dishes like grilled grouper with asparagus, capers and tomato concasse, or pan fried jumbo prawns with lime and garlic butter. At Miyabi Asian Restaurant there is an Asian Fusion menu featuring sushi, tempura and more, while Ricotta Italian Restaurant features dishes such as beef carpaccio, gnocci and tiramisu. Bon Bon Patisserie is another treat, serving ice creams, pastries and refreshing iced

While not everything is included in the

all-inclusive deal, the overall range and quality of the food here is very high.

Other facilities

There is a large open-air theatre space with nightly entertainment, and an outside gym, while activities like yoga, pilates, zumba, tennis, belly dancing classes and aqua aerobics are held during the day. There is also an on-site nightclub, and a kids club open from 10am to 11pm that organises activities like sushi-making and treasure hunts.

There is also a decent fitness centre and a lovely hammam offering both traditional Turkish baths and various spa treatments including massages, facials, and hydrotherapy. There is no booking required for using the sauna, steam and salt rooms, and there is a vitamin bar with herbal teas, freshly made smoothies and juices.

The spa treatments usually incur an extra charge, but cost much less than similar services in many other parts of the world, making Turkey an attractive wellness destination for those on a budget.

And with the exchange rate remaining favourable, coupled with Turkey offering warm, sunny weather year round and being less than four hours' away by plane, it is no surprise the attractiveness of this destination.

Liberty Signa Hotel: libertyhotels.com/en/hotels/liberty-signa

Blackheath and Greenwich hotels

Clarendon Hotel, Blackheath

The Clarendon Hotel, with its imposing row of attractive Georgian buildings on the outsides of Studiese and Mago, has been a fixure of the deep for many years. A comfortable, well-maintained 3.75-coom hotel questo oling the heads, with uniformly literably and height staff, it retains that feet only a flacitional independent hotel can do, which is gradually disappearing as drain hotels increasingly wegulf our towns and office.



StayCity, Greenwich

If you're not looking for a fully-needed apartment but with somewhere to say that is like a hood from full with its own kitches uses, Strycky's Greenwith Apartholal may be the shower. It doesn't have all the fulfilled of a typical host in the fulfilled of a couple of vending mechanics and there's no resturant or called on site, although it can award to be about the safe on site, although it can around a beautiful or called opposite — but it's very dean and functional, with neutral, simple decot.

65 Greenwich high flood, Greenwich 5510; 520
5691 \$382; stagrify.com



Pilot Inn. Greenwich

Nexted within a knocky little Georgian terrace of eight cottages — there series peculiarly surpounded by the modern solvenapers of North Greenwitch — this coay pub, desiring from 1830. Nos surprisingly glock and furthy rooms above is coay and pleasant for featuring expansed bearris, martical pointings, shiple smalls and the like. The cottages face quite in history, being action housing, built for workers at the nearby tidal mill and chemical works. They some featured in the fanous video for Park Life by filter and German Hint lived in one for a white.

68 Weer Next Lowdon SELO OSE: 020 2668 5862, pilosyners with court.





LET's DRUM!

Established 2001

Forest Hill & Penge Drum School

One to One Drum Lessons an Pra Drum Kits 6 Pra Drummers coaching adults & children 7 days a week/10am - 10 pm incl. summer, all bank holidays & half terms

*100% success for Trinity College and Rock School Grades 1-B - mostly with merit or distinction!

Experience the joy of creating!

NEWS

Group lessons on quality electronic drum kits now available. Info on our website - enrol now!

Call or text now! 07930 415185 www.schoolofrhythm.com



Looking for a secondary school?

We offer an internationally recognised University Entrance qualification, a broad curriculum, and continuous assessment rather than exams.



The origins of Brookmill Park

BY MARY MILLS

Many sites that once had industries on them have over the years been turned into places where people go to have fun and relax. Brookmill Park, on Brookmill Road, running from Deptford Bridge towards Lewisham, is one such site, an excellent example of how industrial buildings and sites can be turned to positive leisure and educational use.

The name 'Brookmill' itself is a clue to how the park originated. In the early 18th century a water mill on the River Ravensbourne was used to make a waterworks supplying fresh water to people in Greenwich and Deptford. This was done most successfully and wells on the side of the park still supply much of the water we use today.

Over the years the waterworks owners built reservoirs to store the water until it was needed, and in time these old ones were closed and new ones built. In 1880, a park was opened on the site, on an old reservoir that had been filled in. After the Second World War land was added to the park from bomb sites along Brookmill Road. At that time it was named 'Brookmill Park', but in 1951 it was renamed 'Ravensbourne Park'. In the 1990s it was made even larger during the construction of the Docklands Light Railway because by



then the water works needed much less land. Its name reverted to 'Brookmill Park' again.

As you walk through the park there are many features which have survived from the days of the old waterworks. There is a beautiful garden with ponds, pergolas and flowerbeds. There is also part of an old reservoir which is now a lake full of water birds. It's a really good example of how an industrial site can become something useful and beautiful. At the Lewisham end of the park there is a footpath from the nearby Docklands Light Railway Station, which goes into the park. This path

follows an old railway line which used to go from Greenwich to Nunhead. It continues to the other side of Brookmill Road where there is another separate nature reserve, only open to the public by appointment. In the park where the original waterworks entrance was now stands the Stephen Lawrence Centre. This stunning new building is such a fitting memorial to the murdered teenager who had aspirations to be an architect himself. The centre offers educational activities to tackle under-achievement among young people.

On the other side of the river is the James Engine House, the remaining pumping station for the Brookmill waterworks. The water is pumped from deep wells and after more than 300 years It still provides high quality water to a great deal of the local area. Hidden among the houses and flats built on the far side of the river are the decorative 'caps' on top of wells which are no longer used. A footpath and cycle path in the park are part of the Waterlink Way, which extends through Lewisham to Bromley. It also forms part of National Cycle Route 21, which goes all the way from the River Thames to Eastbourne.

Further information: www.brookmillpark.com; books by Mary Mills are available at Amazon





Max Middleton: a life unbound by paint

Celebrating the late local artist, dedicated to a lifetime of art

BY TRISTAN MIDDLETON

The late Max Middleton was a beloved artist with deep ties to Blackheath, Greenwich and the surrounding area. His untimely death aged 78 was an enormous shock to his family and friends. Losing a loved one is huge, words are never enough. When it is unexpected, it brings with it so many abruptly unfinished stories and conversations, and Max was a great storyteller. To celebrate his life through his life's work and dedication to inspiring other artists allowed his echoes and laughter to resound.

Max's life and art were celebrated at a retrospective exhibition in August 2023 at the Thames-Side Studios Gallery. With its high-ceilings, the wonderful open-plan 2,770 square-foot gallery is one of South London's largest single exhibition spaces. Just across from the Thames-Side Print Studio, which had seen so many of his prints emerging, was perfect for a tribute to Max's unfaltering dedication to a lifetime of painting, drawing and printmaking. A dedication that saw encouraging other artists to develop creatively as an integral facet of his work.

Max's exquisite draughtsmanship and enjoyment of colour and its transparencies was often focused on the human form, gestures and the emotions they convey, as well as animals and landscapes. In his words, art 'provides a means of processing deep feelings when words fail.' Wrought full of tensions and humanity, his evocative paintings are always exploring new terrain. His stunning drawing is a true commitment to 'the obsessive study of the visual world'. And his skills as a printmaker was already clear from early on in his career when he published the book Etching and Intaglio Printing.

He said: "My works are not ends. They are resting places of interest on that continual journey." Both the exhibition and the accompanying catalogue are a testament to that journey.

An inspiring teacher, Max was larger than life. Many people cannot believe he is gone and maybe that is because he will always remain a part of the artistic development of so many. During years of teaching at foundation art level and as a university lecturer, Max was a trusted and respected tutor. When he taught people to draw, all he had to do was pick up a pencil to inspire confidence. Towards retirement Max returned to the classroom, working with young people who had been excluded from mainstream school and supported their learning in local special schools. He continued to teach and mentor young and aspiring artists throughout his life. His warmth and generosity were only matched



by a love of learning, so he was himself in constant renewal and a fount of knowledge.

Max is fondly remembered by the many people who he supported, enriched and gave refuge to, and the resounding collective memory of him is full of generosity, laughter, art, music, poetry, food and wine. Not to mention rugby, which he had played in his youth, or a good cowboy film.

Music was a passion and he played a range of instruments including banjo, fiddle and slide guitar in a number of local bands, and tutored many beginners in how to play. Even beyond the world of art and culture, Max made friends in every walk of life and enjoyed people for who they were. He was never too pressed to make time for a chat and was beloved amongst other dog-walkers in Greenwich Park and local shops. His laughter and smile are etched into many people's memory.

Although Max exhibited widely in the UK,

Northern Europe and France, his artistic career was always rooted in South East London where he lived.

Locally based exhibitions included the Woolwich Contemporary Print Fair, Thames-Side Studios Gallery, Second Floor Studios, including a beautiful tribute by the No Format Gallery at the Deptford Foundry, Greenwich Theatre and the Woodlands Art Gallery.

He was an assiduous member of the Thames-Side Print Studios, never too busy to help others with technical tips, and regularly attended life-drawing sessions in Blackheath and the Lewisham Art House, as well as being a life-drawing tutor himself.

Max's family ties with the area were also strong and he saw his mother, Peggy Middleton, become Mayor of Greenwich before being elected to the Greater London Council as well as the Inner London Education Authority. Until it was replaced by



IG: @AESTHETICSBYLAURENTURNER

P: 0208 259 4153

E: BLACKHEATH@AESTHETICSBYLT.COM



NOW OPEN IN BLACKHEATH ESTHETICS





















Our courses can help you develop your creativity or gain the skills and qualifications you need for work and further education.

More information is available at: www.lewisham.gov.uk/adultlearning





ART

urban redevelopment, Peggy Middleton House was part of Greenwich Council and the local architecture. A portrait by Max Middleton of his mother hung in the entrance and is now housed in the UK's public art collection at the Royal Greenwich Heritage Trust.

Political engagement has always been important in the family. Max had been a member of the Labour Party as well Momentum, an active trade union official, and also designed posters for a variety of causes. He marched for four days from Aldermaston to London with his sister Hannah in the famous Campaign for Nuclear Disarmament. Alongside all this was an unwavering belief in sustaining the welfare state and he had witnessed over the years how cuts to the NHS were becoming more palpable. Max is survived by his partner, son and two grandchildren, daughter, sister and one of two brothers.







A smile to be proud of: invisible braces at Sparklysmile

At Sparklysmile, they like things that are a bit different, but also like to make a difference. They simply adore helping their patients achieve the smile of their dreams, through the numerous techniques and dental innovations that they have available.

And it helps having a sparkly smile these days as the virtual meetings you are all still having often have the camera pointing straight at your teeth. And then when you do go out, wouldn't it be nice to have a smile to be proud of?

Whether you want straighter teeth, whiter teeth, or a more uniform size and shape to your teeth, Sparklysmile has solutions to help you reach your desired smile goals – they call it Progressive Smile Design and know you'll love the results.

One of the foundations of this approach is orthodontics. No longer something for teens and kids, many adults are now facing the brace in order to enjoy a straighter smile. The great news is that those big, chunky, metal 'train track' braces are no longer the only option to achieve smile harmony. The latest systems are not only almost invisible, they are comfortable and can give you results quicker than you might expect.

Invisalign at Sparklysmile

Take, for example, Invisalign and other clear aligner systems that Jiten Vadukul, their specialist orthodontist, uses. A series of clear aligners gradually moves your teeth into the desired position. The aligners are made from an almost clear material, which is comfortable and gives a high level of predictability, allowing you to foresee your results before they even begin.

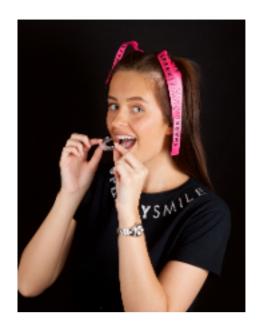
While they want you to ooze confidence with your beautiful new Sparklysmile, they also want you to feel amazing during your treatment too. With clear aligners, no one will need know you're having orthodontics... but they reckon you'll love watching the gradual changes so much so, that you'll want to tell everyone.

Once your teeth are straighter, some simple whitening and then a little composite bonding can really add some sparkle to your smile.

If you've ever wondered whether you could achieve your dream smile, call Sparklysmile and discuss the options available. They can even arrange a free initial consultation with their knowledgeable treatment coordinator. Sparklysmile can also guide you if you email them some photographs of you and your smile so that they can start planning your new smile before you even get to meet them.

Give Sparklysmile a call on 020 8852 0442, or email at phil@sparklysmile.co.uk.

Sparklysmile 19 Montpelier Vale, Blackheath, London SE3 OTA 020 8852 0442 www.sparklysmile.co.uk



Advertise

Advertise in the magazine and online - email us at info@blackandgreen.biz

Subscribe

You can subscribe to ensure you never miss a copy details on our website

Online

Visit us online at blackandgreenmagazine.com

Contact us

We welcome your comments. Email us at info@blackandgreen.biz

Personal Jewellery Repairs

LOCAL PICK UP AND DELIVERY SERVICE





- WATCH SERVICING
- RESTRINGING
- RING RESIZING
- ENGRAVING
- COMMISSIONS
- RESTORATION
- VALUATIONS

Call Michele on: 07809 502 714

Or Email: michele@personaljewellerylondon.co.uk

www.personaljewellerylondon.co.uk

EDEN DECORATING

Commercial / Domestic

Interior and Exterior Painters and Decorators

020 8460 6174 / 07958 436 343 www.edendecorating.co.uk

Dulux 🍂

FREE QUOTES - ALL WORK GUARANTEED

BILL BAILEY, MOBY, GREGORY PORTER, TORI AMOS, STEPHEN K AMOS, HELEN LEDERER and lots of other interviews at blackandgreenmagazine.com

Greenwich Music School





Collaborate

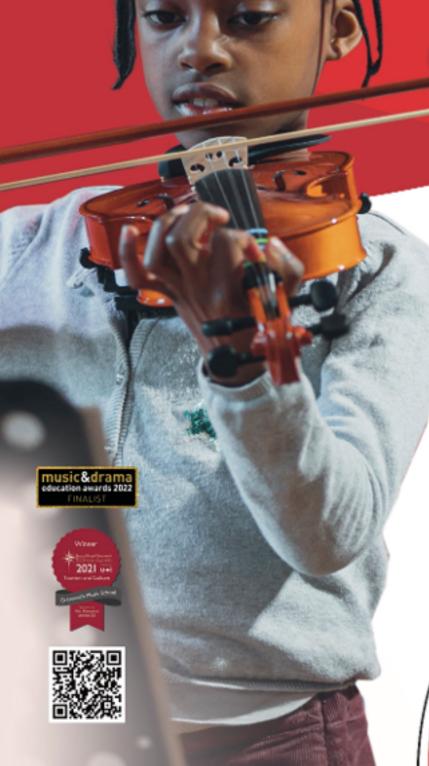
Record



Learn at Vanbrugh Studio (SE10 9HP), The Stables at Charlton House (SE7 8EG), Mycenae House (SE3 7SE) or online.

Contact us to find the best course for your child g-m-s.org.uk | 020 8305 1286 info@greenwichmusicschool.org.uk

Registered charity, number 1176649



RRINGTON WAY, LONDON SE18 51 nes-sidestudios.co.uk • 0208 301 88

SAT 7 - SUN 8 JUNE 2025 11-5PM

STUDIOS WOOLWICH

Art Exhibitions • Free Workshops • 550 Studios Kids' Activities • Street Food • Free Entry